

FEATURES & MENTIONS



calendar of events • travel • tech • recreation • health & fitness • restaurants • culture & arts • special features • nightlife • coupons & much more

DECEMBER 2014

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Unwind in Taipei
A trip to remember

Best of Guam
Food from around the Island

MAÑAGU

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Vol. 14 #3

What to Expect When You're Expecting a Tween

Preparing for Daddy's Absence and Baby's Arrival

Splish, Splash: Let's Take a Bath

15 Ways to Celebrate Parents

Girls Just Gotta Have Fun

Good Sports

Bringing you the most resources & all inclusive breastfeeding support and products for expectant and new parents, intergraded in one convenient location!

Procreate is excited to announce that we are now Guam's one-stop shop for purchasing manual, single electric, and double electric breast pumps and accessories from world-renowned Medela and Ameda brands. We would also like to introduce you to our new in-store Certified Lactation Educator & Counselor, Anjelica Malone, who will be providing a wide range of private lactation support services. She is skilled, kindhearted, and passionate about breastfeeding. Below is a word from her.

Hello! I'm so ecstatic to finally be here on Guam! I love working alongside mamas and babies and feel so blessed to be given the opportunity to team up with Procreate Boutique in doing just that. I have been providing Prenatal and Postpartum support to families for over 6 years and am delighted to now offer lactation support here on Guam.

Through my Private Lactation Service, Mothering Naturally, I aim to help you achieve your idea of breastfeeding success as well as ease any of your concerns that may arise along the way. As a mama myself I know that breastfeeding can be tough at times, especially in the beginning, but the beautiful lasting benefits are priceless, observed by all babies, and attainable. Pain-free, enjoyable breastfeeding is possible when you are given the proper education and love, which I will give you. I deeply wish for no mother to ever feel alone in her breastfeeding journey. My hope is to meet you and your baby as soon after birth as possible to aid in getting breastfeeding started off well. But I am here to help you at any point while breastfeeding. You can trust me to provide you with exceptional mother-to-mother love, education, and empowerment. I am knowledgeable about breast pumps and gifted in assisting mothers who will be returning to work develop an individual plan for back to work breastfeeding success. I also provide personalized pump recommendations.

Private Lactation Consultations and Prenatal Breastfeeding Classes are available by appointment.

Some reasons you may need a Private Consultation include:

- Breast or nipple pain
- Baby is not latching well within 24hrs after birth
- You have concerns about your milk supply
- You would like personalized guidance about pumping and/or returning to work

Procreate and I will also be hosting in-store "Milk & Cookies" Lactation nights, the 1st and 3rd Fridays of the month from 3-6pm. This is a relaxed environment for pregnant and breastfeeding moms to learn and bond about breastfeeding.

We are committed to helping every mother meet her individual breastfeeding goals. All are welcome and encouraged to attend.

Please visit www.naturallymothering.com or call me at 671-980-3714.

Milk & Cookies
lactation night @
Procreate

every 1st & 3rd Friday 3pm-6pm
In-store support for all your breastfeeding concerns. Come meet lactation counselor Anjelica Malone. 479-8487

Nothing gives like your [breast]

Procreate Boutique is located in the Julale Shopping Center, West O'Brien Drive, Hagatna, Guam 96910. We are open Mon-Sun 10am-6pm. 671-479-BABY

GUAM PRODUCT SEAL APPLICATION
Promoting Made In Guam Products



Guam Economic Development Authority Aturidad Inadilanton Ikunumihan Guahan